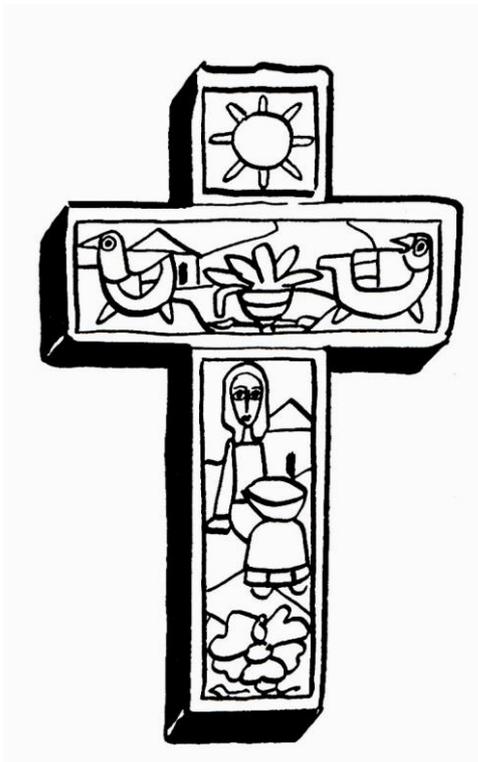


Morning Prayer



Music

Opening Prayer

(all) Lord God,
I gladly receive this day from you,
it is your gift to me.

I look intently.
Beyond the world of men and women,
I see a beauty that is for me,
and I am blessed.

I listen deeply.
Behind the noise that crowds in and
drowns out,
I hear a gentle silence that is for me,
and I am blessed.

May all I do this day,
all I speak,
and all I think,
be acceptable to you.

May I deal gently with those I meet,
just as you have dealt gently with me.

Lord God,
I freely offer this day into your care,
it is my gift to you.
Amen.

Song

Lord, listen to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
send us love, send us power,
send us grace.

Prayer of Approach

Lord, let us not dwell in the past,
nor worry about the future.
We cannot undo what is done.
We cannot foresee what will come.
Let us instead dwell in your peace,
love and be loved,
heal and be healed.
We give the past to you
and rest in your forgiveness.
We give the future to you
and rest in your love.
We live in your light,
open our eyes that we may see.
We live in your love,
let your love flow through us,
to the fulfilment of your kingdom.
Amen.

Bible Reading

Song

Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

We are pilgrims on a journey,
and companions on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

Morning Prayer

**I will weep when you are weeping;
when you laugh I'll laugh with you;
I will share your joy and sorrow
till we've reached our journey through.**

**When we sing to God in heaven
we shall sing such harmony,
born of all we've known together
of Christ's love and agony.**

**Brother, sister, let me serve you,
let me be as Christ to you;
pray, that I may have the grace to
let you be my servant too.**

A statement of interdependence

(spoken in turns by those individuals who would like to do so)

I do not stand alone
but with others to support me
I will stand my ground
silence

I do not see the way
but with others to walk with me
I can make my path
silence

I do not possess the truth
but with others to witness to what they
know
I will be able to discern what is right
silence

I cannot master all skills
but with others who will lend their
accomplishments
I can do enough
silence

I cannot carry every burden
but with others to share it
I may bear my own load
silence

I cannot meet all needs
but with others to nourish and replenish me
I will be able to give enough
silence

I do not have limitless choice
but with others to consult
I will make my own choices gladly
silence

I will not always be consistent
but with others to laugh with me
I will regain my equanimity
silence

I am not invincible
but with others to reach out a hand
I may learn from my mistakes and start
again
silence

I cannot be perfect
but with others to make up the shortfall of
my imperfections
I can content to be good enough.
Amen.

Music

Blessing

**From where we are to where God needs
us.**

**From the security of what we know to
the adventure of what God reveals,
to refashion the fabric of this world,
until it resembles the shape of God's
kingdom,
because good things have been prepared
for those who love God.**

Go in peace.

**You are blessed and can be a blessing.
Amen.**

Music

